Co-Hosts: NYU Langone Medical Center – Joan A. Tisch Center for Women’s Health
American Medical Women’s Association (AMWA)

PARTICIPANTS

American College of Cardiology, Women in Cardiology Section
Sandra Lewis, MD - Chair, Women in Cardiology Section

American Medical Women’s Association
Eliza Lo Chin, MD, MPH, FACP - Executive Director
Samia Osman - Student President
Umber Ahmed - AMWA Pre-medical Student Leader

Be More America
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Vasudha Gupta, MCP - Co-Founder

Columbia University, Department of Neuroscience
Richard Lipkin - Senior Research Associate

EXXclaim Capital
Anula Jayasuriya, MD, PhD, MBA - Managing Director and Founder

The Foundation for Gender Specific Medicine
Marianne Legato, MD, FACP - Founder and Director

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Roberta Gebhard, DO - Representative, Group on Women

SolaMed Solutions, LLC
Saralyn Mark, MD - President

WaytoWellville
Esther Dyson, BA - Executive Founder

ROUNDTABLE SUMMARY

Discussion points during the roundtable included the following:

- Gender/sex issues in heart disease, such as differences in biology, can impact treatment and outcomes. Examples included the pathophysiology of atherosclerotic heart disease and the treatment of valvular heart disease. Traditional methods of treatment based on studies of primarily male patients may not be as effective in women. Thus the treatment needs to be tailored based on new findings of physiological differences based on sex.
- There is a need for more women in clinical trials to better understand the impact of gender/sex on health and medicine.
- Entrepreneurship, funding, and social media platforms can help play a role in promoting awareness of these issues.
- New areas of interest include understanding the impact sex at the molecular level and in the field of robotics.
- There was discussion on providing business classes to clinicians and scientists to foster a more effective transition from the bench to the bedside which will help to advance the mission of the iGIANT.